

Perseverance

Social Emotional Learning Day: Self-Care Empowers Learning!

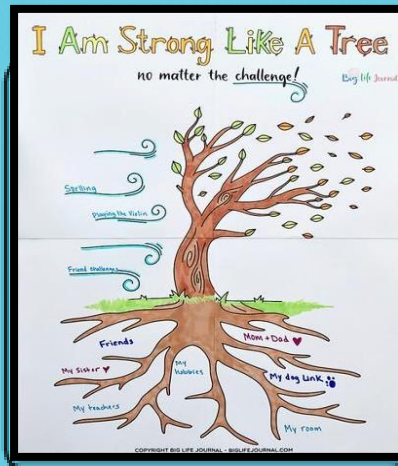
Perseverance: is the persistence in doing something despite difficulty or delay in achieving success.

Article for Parents/Guardians: <https://www.coloradocac.com/blog/10-ways-develop-perseverance-children/>

Tell us what your Mantra would be?



Tell us how Llama uses perseverance in this short clip.



Draw your tree! What obstacles in life do you have trying to blow you over & what roots do you have to keep you standing?

1. Please remember to still check in for attendance, but after that you can pick one activity from the SEL Choice Board above (also posted on our Folsom Facebook Page, Google Classroom - Counselor's Corner and our School Website)
2. You will get your name put into a virtual hat once for checking in for attendance, and once more for sharing your activity of your choice to our Folsom Facebook Page or Counselor's Corner. **Please only post/email once and to one location.**
3. A name will be pulled for grades Prek-2, 3-5 and 6-8 and a prize will be sent to your house!
4. After the activity, you can use today for whatever you need.. catch up on incomplete work, practice perseverance, but no new assignments are due.
5. **If you have a service or counseling session scheduled, please still attend!**
(unless you have been instructed otherwise)